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## YOGA NIDRA - Yoga International

Book Yoga Nidra, Wrote, "Awakening From The Dream Of 'me' Reveals That Everything Is An Expression Of Nondual Being. Just As The Facets Of A Diamond Are Not Separate From The Diamond, Everything We See, Touch, Taste, Hear, Smell, And Think Is A Facet Of Unity." Jul 2th, 2024

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