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Social Anxiety Disorder, Autism Spectrum Disorder, Avoidant Personality Disorder - None Of Those Terms Give You Any Sense Of A Wild Origin. Actually, There Is An Exception. Psychologist Elaine Aron, Author Of The Highly Sensitive Person And Creator Of The HSP Concept, Does Believe In A Wild, Natural Element In Shyness, And Frequently Says So. Apr 2th, 2024

Social Phobia—Not Just Another Name For Shyness

Ers Said, Social Phobia Often Goes Unrecognized And Untreated. People With Social Phobia, Also Called Social anxiety disorder, are 4 times more likely than the general population, speakers said, to develop other anxiety disorders and mood disorders. They also are more likely to abuse alcohol and other substances, perhaps in attempts to self-medicate. Jun 3th, 2024.

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